

Appendix C

Suppliers of Whole Grains, Foods, Resources

*This list is far from exhaustive! A search on the web using "whole foods" or "whole grains" will keep you busy for awhile. We cannot endorse every supplier, but have listed a few here. Those marked with * we have personally used and been happy with. At the time of printing, this information was up to date,*

***The Bread Beckers, Inc.**

This is a Christian company that supplies all kinds of grains, beans, dehydrated foods, etc. They are super folks we've known for years. They are now delivering by truck to co-ops. If you have a co-op already or are interested in developing one, contact them. Make sure you tell 'em we sent you!

305 Bell Park Drive
Woodstock, GA 30188
770-516-5000
www.breadbeckers.com

***Wheat Montana Farms**

They deliver several grains, including the Prairie Gold® hard white spring wheat that is OUTSTANDING for breadmaking all over the country. They ship by the truck, so your best bet is to call them (or check their website) and ask for a current price list and who they supply closest to you. We've used grains from these folks for years without a problem.

10778 Highway 287
Three Forks, MT 59752
1-800-535-2798
www.wheatmontana.com

Azure Standard (Oregon)
www.azurefarm.com

Brattleboro Food Coop (with store)

2 Main Street
Brattleboro, VT 05301
Phone: 802-257-0236
www.brattleborofoodcoop.com

Frontier Cooperative Herbs

A wonderful source for MSG-free spices, broth powders, etc. Usually cheaper to buy through a co-op.

Retail sales only to individuals,

Bulk sales to businesses only

Box 299
Norway, IA 52318
Phone: 319-227-7991
www.frontiercoop.com

North Coast Cooperative

Serving Northern CA

www.northcoastco-op.com

Tucson Cooperative Warehouse

350 S Toole Ave

Tucson, AZ 85701-1814

Phone: 520-884-9951

www.tcwfoodcoop.com

Other Resources:

Kamut Association of North America (KANA)

P.O. Box 6447

Great Falls, MT 59406

1-800-644-6450

www.kamut.com

Food Allergy Association

17635 Windsor Parkway

Tinley Park, IL 60477

708- 633-0434 VoiceMail

Purity Foods (Spelt products)

2871 W. Jolly Road

Okemos, MI 48864

Phone: 517-351-9231

www.purityfoods.com